



St. Philomena's Catholic Primary School

Headteacher: Miss V Maher

Newsletter – 26 January 2024

Spring Term

In Year 1, we are working to achieve the Santander Financial Education award, enhancing our understanding of effective money management. Throughout the program, we have acquired valuable skills such as earning, saving, budgeting, and spending wisely. On Tuesday we visited the Metro Bank to learn how to save money and accrue interest, and visited a variety of shops to practice making responsible spending choices. We were able to follow a budget, identify the correct coins to make payment, and check our change. We were sure to keep our receipt to keep track of our spending. Metro Bank gifted us money boxes and we are very excited to start saving!



MINOR CHANGE TO UNIFORM POLICY

Following our PE Uniform check yesterday, I have decided to make the following adjustment to our PE UNIFORM POLICY.

Now that children wear their PE kits all day, I appreciate that plimsolls are not robust enough and do not provide adequate support to growing feet. I am also aware that for many of our older children, it is very difficult to purchase plimsolls in the correct size.

I am therefore happy for children to wear trainers (on PE days only) but they **MUST** be completely black with no coloured / white markings or soles.

We do not expect parents to purchase expensive, fashionable trainers and with this in mind, we have shared links to a couple of shops/websites where prices are reasonable.

If you have any questions or queries, please do not hesitate to contact me.

<https://www.shoezone.com/Kids/Trainers>

https://www.amazon.co.uk/s?k=kids+black+trainer&crd=1IMJRMNHZUR7R&sprefix=kids+black+trainers%2Caps%2C59&ref=nb_sb_noss_1

School Uniform Reminder

During this period of cold weather, we are more than happy for boys to wear jogging bottoms OVER their school shorts. These are to be removed once indoors. Please ensure that all boys have school shorts on underneath in line with our Uniform Policy. Thank you.

Secondary Drowning or Dry Drowning

We have recently had a First Aid Refresher for all staff and was advised to inform parents of the following about **"Secondary Drowning or Dry Drowning"** which can occur from the swimming pool or the beach. Though rare, secondary drowning can be fatal if warning symptoms are ignored

Secondary **drowning**, or dry drowning, can be alarming for many parents. The term refers to delayed symptoms caused by inhaling water into the **lungs** while in water

When a child inhales even a small amount of water into their airways, it may cause inflammation and irritation in the lungs, making **breathing** difficult. The body sometimes initiates a chemical cascade in response to this injury, which worsens the lung membrane and can cause **cardiac arrest** or death.

What are signs and symptoms of secondary drowning?

Secondary drowning may cause the vocal cords to spasm and the **airway** to close, resulting in choking. Symptoms can develop over minutes to hours after swimming, though it is quite rare.

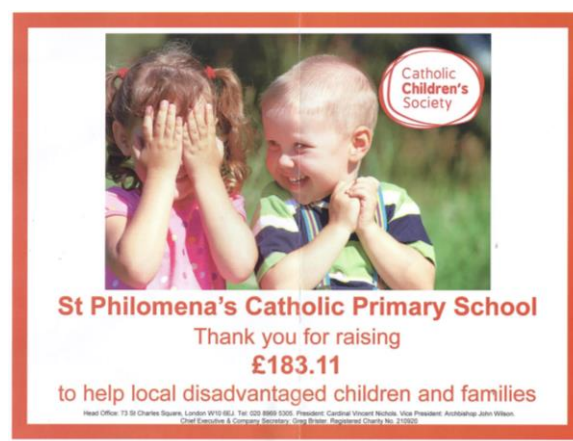
Symptoms of secondary drowning include:

- Persistent **coughing**
- Labored breathing
- **Chest pain**
- Extreme **fatigue**, exhaustion, or lethargy
- **Vomiting**
- **Fever**
- Irritability or **mood changes**
- Difficulty talking
- **Confusion** or disorientation

What are risk factors for secondary drowning?

Keep a close eye on the child for about 24 hours following a close call in the water.

If you are concerned, take your child to hospital where oxygen can be administered and fluid removed from the lungs.



Attendance Race 2023- 2024

Attendance and Lateness for the week
beginning 15th January 2024 :

| Class | Attendance (%) | Lates (occasions) |
|-----------|----------------|----------------------|
| Reception | 98 | 5 |
| Year 1 | 97 | 0 |
| Year 2 | 98 | 1 |
| Year 3 | 97 | 4 |
| Year 4 | 98 | 0 |
| Year 5 | 98 | 5 |
| Year 6 | 99 | 0 |

Year 6 have had their first win this week - Well done !

League Table

| Year | No. of Wins |
|-----------|----------------|
| Reception | |
| Year 1 | 4 |
| Year 2 | 4 |
| Year 3 | |
| Year 4 | 2 |
| Year 5 | 3 |
| Year 6 | 1 |

Weeks in competition: 14 (full weeks only)

OVERALL ATTENDANCE FOR THE WEEK 97.8%



Parent Teacher Meetings

Monday 26/Tuesday 27th February

Details to follow shortly

PTA Events



Milkshake Monday will be taking place in school at breaktime – please put their money in a named envelope.

International Pizza Day

PTA will be selling pizza slices after school in the school playground - £1.50 per slice



Year 5 Trip to Wick Court

Please keep our Year 5 children and the adults accompanying them in your prayers for the week ahead. They're sure to have a brilliant time!

Have a wonderful weekend.

Miss Veronica Maher
Head Teacher



TERM DATES

Spring Term 2024

Half-term 12.02.24 – 16.02.24
Last day of term Thursday 28th March 2024

Summer Term 2024:

First day of term Monday 15th April 2024

Bank Holiday

Monday 6th May 2024

Half-term 27.05.24 – 31.05.2024

Last day of term Friday 19th July 2024

INSET DAYS

Monday 22nd, Tuesday 23rd and Wednesday 24th July 2024

TERM DATES

ACADEMIC YEARS 2024 - 2025

Autumn Term 2023:

INSET DAYS:

Tuesday 27th August 2024

Wednesday 28th August 2024

First day back: Thursday 29th August 2024

Half-term 21.10.21 – 1.11.24

Last day of term Friday 20th December 2024

Spring Term 2025:

First day of term Monday 6th January 2025

Half-term 17.02.25 – 21.02.25

Last day of term Friday 4th April 2025

Summer Term 2025:

First day of term Tuesday 22nd April 2025

Bank Holiday

Monday 5th May 2025

Half-term 26.05.25 – 30.05.2025

Last day of term Friday 18th July 2025

INSET DAYS

Monday 21st, Tuesday 22nd and Wednesday 23rd July 2025