



ST PHILOMENA'S PRIMARY SCHOOL
RHE MEDIUM TERM PLANNING YEAR 2
2026 - 2027

AUTUMN 1						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TEN : TEN	FOREST EDUCATION				
LESSON OUTLINE	Module 1: Created and Loved by God Unit 1 Session 1 – Let the Children come	Forest Education: Knots and rope skills and Seasonal Changes	Forest Education: Den building, tool use and safety	Forest Education: Creative development and local flora and fauna	Forest Education: Exploring local flora and fauna	Forest Education: Campfire
LEARNING OBJECTIVE	I know that God has created me to know, love and serve Him	I can tie and use a clove hitch in simple practical outdoor activities and observe seasonal changes.	I can build a den using natural materials and rope and safely use a mallet and gimlet under supervision.	I can use natural materials, including charcoal and grass, creatively in outdoor art and craft activities.	I can use magnifying glasses and pooters safely to observe and identify minibeasts in the local environment.	I can follow campfire safety rules and safely use a storm kettle with adult supervision.
CURRICULUM/DFE LINK	Religious Education – God created each person individually and calls us to know, love and serve Him.	Design & Technology / Science – practical skills and seasonal changes.	Design & Technology – selecting and using tools and materials safely.	Art & Design – using natural materials creatively.	Science – identifying plants and animals in their habitats and microhabitats.	Design & Technology – preparing food safely and understanding where food comes from.
KEY KNOWLEDGE	To know that God created each person individually and wants us to know, love and serve Him. To know that families, friends and other important people can help us feel loved, cared for and safe. To know that a good friend is kind, caring, respectful and able to listen and work cooperatively with others. To know that words and actions can affect other people and can hurt both their bodies and their feelings.					



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AUTUMN 2						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TWINKL: THINK POSITIVE					
LESSON OUTLINE	Think Happy, Feel Happy I can understand how happy thoughts can make me feel good.	It's Your Choice I can make good choices and consider the impact of my decisions.	Go-Getters I can set myself goals and consider how to achieve them.	Let It Out I can discuss my feelings and opinions with others and cope with difficult emotions.	Be Thankful I can discuss things I am thankful for and focus on what I do have, rather than what I don't have.	Be Mindful I can focus on what is happening now and how I am feeling.
LEARNING OBJECTIVE	I can understand how happy thoughts can make me feel good.	I can make good choices and consider the impact of my decisions.	I can set myself goals and consider how to achieve them.	I can discuss my feelings and opinions with others and cope with difficult emotions.	I can discuss things I am thankful for and focus on what I do have, rather than what I don't have.	I can focus on what is happening now and how I am feeling.
CURRICULUM/DFE LINK	Mental Wellbeing – recognising feelings and understanding how thoughts can affect how we feel.	Mental Wellbeing – making positive choices and understanding how choices affect ourselves and others.	Mental Wellbeing – setting goals and identifying steps towards achieving them.	Mental Wellbeing – expressing and managing difficult feelings and knowing when to seek help.	Mental Wellbeing – recognising positive experiences and things we are thankful for.	Mental Wellbeing – recognising feelings and using strategies to support emotional wellbeing.
KEY KNOWLEDGE	To know that thoughts and feelings can affect our mood and behaviour. To know that the choices we make can have an impact on ourselves and others. To know that setting goals and identifying steps can help us achieve things. To know that there are positive ways to express and manage difficult feelings and when to ask for help. To know that gratitude and mindfulness can help us focus on positive things and recognise how we are feeling.					



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SPRING 1						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TWINKL: ONE WORLD					
LESSON OUTLINE	Families I can explore family life in different countries and say how it is the same as mine and how it is different.	Homes I can discuss homes and home life from around the world and say how they are the same as mine and how they are different.	Schools I can explain what it is like to go to school in other countries and say how it is the same as or different from my school.	Environments I can explore places where people live which are different from where I live.	Resources I can think about how people use things from the earth and what problems this can cause.	Planet Protectors I can say why it is important to care for the earth and identify how I can help protect it.
LEARNING OBJECTIVE	I can explore family life in different countries and say how it is the same as mine and how it is different.	I can discuss homes and home life from around the world and say how they are the same as mine and how they are different.	I can explain what it is like to go to school in other countries and say how it is the same as or different from my school.	I can explore places where people live which are different from where I live.	I can think about how people use things from the earth and what problems this can cause.	I can say why it is important to care for the earth and identify how I can help protect it.
CURRICULUM/DFE LINK	Families and People Who Care for Me – recognising that families can be different.	Respectful Relationships – recognising and respecting similarities and differences in family life.	Respectful Relationships – recognising and respecting similarities and differences between people's experiences.	Living in the Wider World – recognising that people live in different places and environments.	Living in the Wider World – understanding our responsibility to care for the environment and its resources.	Living in the Wider World – caring for the environment and taking positive action to protect it.
KEY KNOWLEDGE	To know that families can be different and that family life can vary around the world. To know that homes, schools and communities can be similar and different in different parts of the world. To know that people live in different environments and use the Earth's resources in different ways. To know that using natural resources can affect the environment. To know that we have a responsibility to care for the Earth and can take action to help protect it.					



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SPRING 2						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
LESSON OUTLINE	Module 1: Created and Loved by God Unit 2: Me, My Body, My Health Session 1: I Am Unique	Module 1: Created and Loved by God Unit 2: Me, My Body, My Health Session 2: Girls and Boys	Module 1: Created and Loved by God Unit 2: Me, My Body, My Health Session 3: Clean and Healthy	Forest Education: Knots and rope skills and Seasonal Changes	Forest Education: Den building, tool use and safety	Forest Education: Creative development and local flora and fauna
LEARNING OBJECTIVE	I know I am unique and loved by God	I know that girls and boys have been created by God to be both similar and different	I know how to keep my body clean and healthy	I can use a clove hitch in practical activities and observe and describe seasonal and weather changes.	I can build a den using natural materials and rope and safely use a mallet and gimlet under supervision.	I can use natural materials creatively and use magnifying glasses and pooters to observe and identify minibeasts.
CURRICULUM/DPE LINK	Respectful Relationships – recognising that everyone is unique and should be valued and respected.	Respectful Relationships – recognising similarities and differences between people and respecting others.	Health and Prevention – keeping the body clean and healthy through hygiene and healthy choices.	Design & Technology / Science – practical skills and observing seasonal and weather changes.	Design & Technology – selecting and using tools and materials safely.	Art & Design / Science – using natural materials creatively and identifying living things in local habitats.
KEY KNOWLEDGE	To know that each person is unique and has their own individual gifts, talents and skills. To know that our bodies are good and to know the names of the different parts of the body. To know that girls and boys are both similar and different and that everyone is an important part of the human family. To know that looking after our bodies through healthy eating, physical activity, sleep, rest, dental care and personal hygiene helps us to stay healthy. To know how to keep ourselves safe, recognise unsafe situations					



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SUMMER 1						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TEN:TEN					
LESSON OUTLINE	Module 1: Created and Loved by God Unit 3: Emotional Well-Being Session 1: Feelings, Likes and Dislikes	Module 1: Created and Loved by God Unit 3: Emotional Well-Being Session 2: Feeling Inside Out	Module 1: Created and Loved by God Unit 3: Emotional Well-Being Session 3: Super Susie Gets Angry	Module 1: Created and Loved by God Unit 4: Life Cycles Session 1: The Cycle of Life	Module 1: Created and Loved by God Unit 4: Life Cycles Session 2: Beginnings and Endings	Module 2: Created to Love Others Unit 1: Religious Understanding Session 1: God Loves You
LEARNING OBJECTIVE	I can recognise and talk about my feelings, likes and dislikes.	I can understand how different feelings affect me and how I behave.	I can recognise when I feel angry and use positive ways to help myself calm down.	I can recognise that all living things grow and change through different stages of life.	I can explain that living things have beginnings and endings and recognise that change is a natural part of life.	I can explain that God loves me and that His love helps me understand how I should love and treat other people.
CURRICULUM/DFE LINK	Mental Wellbeing – recognising and talking about different feelings.	Mental Wellbeing – understanding how feelings can affect thoughts and behaviour.	Mental Wellbeing – recognising strong emotions and using strategies to manage them.	Developing Bodies – understanding that living things grow and change.	Mental Wellbeing – recognising feelings associated with change and loss.	Religious Education – God loves us and calls us to love, respect and care for others.
KEY KNOWLEDGE	To know that people experience different feelings and that these feelings can affect how they behave. To know that there are positive ways to manage strong feelings, including anger, and to help ourselves feel calm. To know that all living things grow and change and that people can be similar to and different from one another. To know that making healthy choices about sleep, exercise, food and drink helps us to look after our bodies and wellbeing. To know that we belong to different groups and communities and have responsibilities to care for ourselves, other people and our environment.					



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SUMMER 2						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TEN:TEN			FOREST EDUCATION		
LESSON OUTLINE	Module 3 Created to Live in Community Unit 1: Religious Understanding Session 1: Three In One	Module 3 Created to Live in Community Unit 1: Religious Understanding Session 2: Who is My Neighbour?	Module 3 Unit 2: Living in the Wider World Session 1 The Communities We Live In	Forest Education: Knots and rope skills and Seasonal Changes	Forest Education: Den building, tool use and safety	Forest Education: Creative development and local flora and fauna
LEARNING OBJECTIVE	I can understand that God is love: Father, Son and Holy Spirit, and that I am called to love others.	I can explain who my neighbour is and describe ways I can show love, kindness and care to others.	I can identify the different communities I belong to and describe ways I can contribute.	I can confidently use a clove hitch in simple practical activities and recognise seasonal changes in the outdoor environment.	I can use natural materials and rope to build a den and safely use appropriate tools under supervision.	I can use natural materials creatively and observe and identify plants, minibests and other animals in their local habitats.
CURRICULUM/DFE LINK	Religious Education – the Holy Trinity and God's call to love others.	Religious Education – loving our neighbour and caring for others.	Living in the Wider World – belonging to and contributing to different communities.	Design & Technology / Science – practical skills and observing changes in the natural environment.	Design & Technology – selecting and using tools and materials safely.	Art & Design / Science – using natural materials creatively and identifying plants and animals in local habitats.
KEY KNOWLEDGE	Know that God is love: Father, Son and Holy Spirit, and that being made in His image means we are called to love others. Know what a community is and that God calls us to live in community with others and to love our neighbours. Know that we belong to different communities, including our family, school, parish, local community, nation and global community. Know that different jobs require different interests, strengths and skills and that jobs help people contribute to their communities. Know that people grow, experience change and have hopes and goals for their future.					