



ST PHILOMENA'S PRIMARY SCHOOL
RHE MEDIUM TERM PLANNING YEAR 3
2026 - 2027

AUTUMN 1						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TWINKL: TEAM					
LESSON OUTLINE	A new start I can talk about changes and how they might make me feel.	Together Everyone Achieves More I can explain how and why we should work well as a team.	Working Together I can describe how my actions and behaviour affect my team.	Being Considerate I can pay attention to and respond considerately to others.	When Things Go Wrong I can describe why disputes might happen and strategies to resolve them.	Responsibilities. I can talk about my responsibilities towards my team.
LEARNING OBJECTIVE	A new start I can talk about changes and how they might make me feel.	I can explain how and why we should work well as a team.	I can describe how my actions and behaviour affect my team.	I can pay attention to and respond considerately to others.	I can describe why disputes might happen and strategies to resolve them.	I can talk about my responsibilities towards my team.
CURRICULUM/DfE LINKS	Mental Wellbeing – recognising and managing feelings associated with change.	Respectful Relationships – working cooperatively with others and treating others with respect.	Respectful Relationships – understanding how our behaviour can affect other people.	Respectful Relationships – listening to others and responding with consideration and respect.	Caring Friendships – resolving disagreements positively and safely.	Respectful Relationships – taking responsibility for our actions and behaviour
KEY KNOWLEDGE	Know that changes can affect our feelings and that there are positive ways to manage change. Know that teamwork involves communicating, cooperating and working together towards a shared goal. Know that our actions and behaviour can affect other people and the success of a team. Know that being considerate means listening to, respecting and showing care for others. Know that disagreements can happen and that there are positive and safe ways to resolve them and take responsibility for our actions.					



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AUTUMN 2

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TEN:TEN		FOREST EDUCATION			
LESSON OUTLINE	Module 1: Created and Loved by God Unit 1 Session 1 – Get Up	Module 1: Created and Loved by God Unit 1 Session 2 – The Sacraments	Forest Education: Knots and rope skills and Seasonal Changes	Forest Education: Den building, tool use and safety	Forest Education: Creative development and local flora and fauna	Forest Education: Campfire
LEARNING OBJECTIVE	I can recognise that God created me as unique, precious and with a purpose.	I can explain how the Sacraments help me to receive God's love and make good choices.	I can use a bowline and practise previously taught knots for different practical purposes.	I can construct a den using tarpaulins and begin to use appropriate knots and tools safely under supervision.	I can use natural materials, including mud, charcoal and leaves, creatively and use identification guides to identify local trees and birds.	I can follow campfire safety rules and help to build and light a fire safely before cooking food on a grill.
CURRICULUM/DFE LINKS	Religious Education – recognising that each person is unique, precious and created with a purpose.	Religious Education – understanding how the Sacraments help us receive God's love and make good choices.	Design & Technology / Science – practical skills and observing the natural environment.	Design & Technology – selecting and using tools, techniques and materials safely.	Art & Design / Science – using natural materials creatively and identifying local living things.	Design & Technology – preparing and cooking food safely.
KEY KNOWLEDGE	Know that God created each person as unique, precious and with a purpose. Know that every human life is precious and that God calls us to love and make a difference. Know that Baptism welcomes us as children of God and that Reconciliation helps us to make good choices and grow in virtue. Know that recognising our strengths, skills and achievements can help us set goals, learn and manage setbacks. Know that different jobs and careers require different strengths, skills and interests and that there are different routes into careers.					



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SPRING 1						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TEN:TEN			FOREST EDUCATION		
LESSON OUTLINE	Module 2: Created to Love Others Unit 1 Session 1 – Jesus My Friend	Module 2: Created to Love Others Unit 2 Session 1: Family, Friends and Others	Module 2: Created to Love Others Unit 2 Session 2: When Things Feel Bad	Forest Education: Knots and rope skills and Seasonal Changes	Forest Education: Den building, tool use and safety	Forest Education: Creative development and local flora and fauna
LEARNING OBJECTIVE	I can explain how Jesus teaches us to love, forgive and reconcile with others.	I can recognise different types of relationships and explain what makes a positive and trusting friendship.	I can recognise bullying and harmful behaviour and know how and where to get help.	I can use a bowline and previously taught knots and observe seasonal changes, including measuring wind direction and speed.	I can construct a den using tarpaulins and appropriate knots and safely use a gimlet, secateurs and mallet under supervision.	I can use natural materials creatively and use identification guides to identify and compare local trees and birds.
CURRICULUM/DfE LINKS	Religious Education – love, forgiveness and reconciliation.	Caring Friendships – recognising positive, trusting and healthy friendships.	Respectful Relationships – recognising bullying and harmful behaviour and knowing how to seek help.	Design & Technology / Science – practical skills, observation and measurement.	Design & Technology – selecting and using tools and materials safely.	Art & Design / Science – using natural materials creatively and observing local living things.
KEY KNOWLEDGE	Know that God loves and forgives us and that Jesus teaches us to love, forgive and reconcile with others. Know that there are different types of relationships and that positive relationships take time, care and effort to maintain. Know that healthy friendships are based on trust, respect, kindness, honesty and wanting what is best for one another. Know that bullying, cyber-bullying, harassment and abuse are wrong and know how and where to seek help.					



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SPRING 2						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TEN:TEN					
LESSON OUTLINE	Module 2: Created to Love Others Unit 2: Personal Relationships Session 3: Balancing Needs	Module 2 Unit 3: Life Online Session 1 Sharing Online	Module 2 Unit 3: Life Online Session 2 Chatting Online	Module 2 Unit 4: Keeping Safe Session 1 Safe in my body	Module 2 Unit 4: Keeping Safe Session 2 Drugs, Alcohol and Tobacco	Module 2 Unit 4: Keeping Safe Session 3 First Aid Heroes
LEARNING OBJECTIVE	I can explain that relationships involve balancing my own needs with the needs of others	I can make safe and responsible choices about what I share online and know how to get help if something worries me.	I can communicate safely and respectfully online and recognise when I should report something to a trusted adult.	I can recognise appropriate and inappropriate physical contact and know who I can trust for help.	I can recognise that some substances can harm my body and explain why it is important to make healthy choices.	I can explain what to do in an emergency and use basic first aid knowledge to help someone safely.
CURRICULUM/DFE LINKS	Respectful Relationships – balancing our own needs with the needs of others.	Online Relationships – sharing information safely and responsibly online.	Online Relationships – communicating safely and respectfully online and reporting concerns.	Being Safe – appropriate and inappropriate physical contact and seeking help.	Drugs, Alcohol and Tobacco – understanding the risks of harmful substances and making healthy choices.	Basic First Aid – responding appropriately in an emergency and using basic first aid.
KEY KNOWLEDGE	Know how to use technology safely and responsibly and how to get help if something online causes concern. Know that online communication should be respectful and that what we share, watch, hear and say can affect ourselves and others. Know the difference between appropriate and inappropriate physical contact and who to trust for help. Know that medicines are drugs and that substances such as alcohol and tobacco can be harmful to our bodies. Know how to respond safely in an emergency and that basic first aid can help protect or save a life.					



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SUMMER 1						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TWINKL: BRITISH VALUES					
LESSON OUTLINE	Living in Britain I can describe what it is like to live in the British Isles.	Democracy I can talk about what democracy is and understand why it is important.	Rules and Laws I can talk about what rules and laws are and identify how they help us.	Liberty I can talk about what liberty means and I can identify the rights of British people.	Tolerance and Respect I can describe a diverse society and talk about why it is important.	. What Does It Mean to Be British? I can explain what being British means to me and to others.
LEARNING OBJECTIVE	I can describe what it is like to live in the British Isles.	I can talk about what democracy is and understand why it is important.	I can talk about what rules and laws are and identify how they help us.	I can talk about what liberty means and I can identify the rights of British people.	I can describe a diverse society and talk about why it is important.	. I can explain what being British means to me and to others.
CURRICULUM/DFE LINKS	Individual Liberty – understanding belonging and life in Britain.	Democracy – understanding democracy and why it is important.	Rule of Law – understanding why rules and laws are needed.	Individual Liberty – understanding rights, freedoms and responsible choices.	Mutual Respect and Tolerance – respecting different backgrounds, beliefs and opinions.	Mutual Respect and Tolerance – recognising different identities and respecting others in modern Britain.
KEY KNOWLEDGE	Know that the British Isles are home to diverse people, communities and cultures. Know that democracy gives people a voice and allows them to take part in decisions that affect them. Know that rules and laws help to keep people safe, protect rights and support communities. Know that individual liberty means having rights, freedoms and choices while respecting the rights of others. Know that respect and tolerance are important in a diverse society and that people can have different backgrounds, beliefs and opinions.					



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SUMMER 2						
	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
	TEN:TEN			FOREST EDUCATION		
LESSON OUTLINE	Module 3 Unit 1: Religious Understanding Session 1 A Community of Love	Module 3 Unit 1: Religious Understanding Session 2 What is the church?	Module 3 Unit 2: Living in the Wider World Session 1 How do I love others?	Forest Education: Knots and rope skills and Seasonal Changes	Forest Education: Den building, tool use and safety	Forest Education: Creative development and local flora and fauna
LEARNING OBJECTIVE	I can explain how the Holy Trinity shows us how to love, support and care for one another.	I can explain how the Church family includes home, school and parish and how we can care for others in our communities.	I can identify practical ways to show love, kindness, generosity and respect to others.	I can confidently use a bowline and previously taught knots for different purposes in practical outdoor activities.	I can construct a den using tarpaulins and knots and safely select and use appropriate tools under supervision.	I can use natural materials creatively and use identification guides to identify local trees, birds and other living things.
CURRICULUM/DFE LINKS	Religious Education – the Holy Trinity and God's call to love and care for others.	Religious Education – the Church family and caring for others in our communities.	Religious Education / Living in the Wider World – showing love, kindness, generosity and respect to others.	Design & Technology – selecting and using appropriate tools, techniques and materials.	Design & Technology – selecting and using tools and materials safely when constructing structures.	Art & Design / Science – using natural materials creatively and identifying living things in the local environment.
KEY KNOWLEDGE	Know that the Holy Trinity shows us that God is love and teaches us to love, support and care for one another. Know that the Church family includes home, school and parish and that we are called to show charity, generosity and care within our communities. Know that everyone has individual strengths, qualities, interests and achievements that contribute to their identity and self-worth. Know that mistakes and setbacks are part of life and that positive strategies can help us manage challenges and learn from them. Know how to recognise and manage peer pressure, be assertive and seek help when a situation feels unsafe or uncomfortable					